



Youth work Games 2018

Inspired by the Olympic Values

- **respect** – fair play; knowing one’s own limits; and taking care of one’s health and the environment
- **excellence** – how to give the best of oneself, on the field of play or in life; taking part; and progressing according to one’s own objectives
- **friendship** – how, through sport, to understand each other despite any differences

Congratulations on booking up for the Youth work Games 2018!

Each team is to consist of 5 young people (12+) and 1 staff member from your organisation

Information (Guide for Participants & Volunteers)

1. **VOLUNTEERS & TEAM LEADERS:** Please be sure that you are aware of risks involved with the games and camping and that you have policies of your own in place (such as child protection, late back & Behavioural contracts with all your team members etc) to ensure the wellbeing of your group. All activities are risk assessed and delivered by the appropriately qualified person but accidents and injuries may occur. MY Adventure/MYDG reserves the right to ask people to leave where they put themselves or others in danger and notify the police.
2. **Additional transport or places cannot be guaranteed so please use the forms above and make sure you have confirmation**
3. **Please respect our sponsors (especially the landowner and Wild Fox Events) our volunteer marshals, our cooks and event organisers**
4. **Please assist all you can with the clear up/pull down**
5. Please make sure you bring with you the items detailed in ‘**What to bring**’ below
6. Finally, please read ‘**What to expect?**’ below and make sure your team members and yourself are fully aware of the purpose of the event and that offensive behaviour, remarks or gestures towards other teams will not be tolerated and may lead to disqualification from an event or the Games.

Thank you for booking a team or volunteering with this event – we look forward to seeing you and competing together!!



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Volunteers & Team members: What to bring...

Please pack the following in a rucksack or something can be worn over your shoulders (you will have to walk a short distance with your belongings).

- Medication (inhalers/ travel sickness pills)
- 2 full sets of clothes
- Extra socks
- Waterproof jacket *
- Waterproof trousers *
- Trainers
- Shorts, leggings or a tracksuit to compete in
- T shirt or sports top to compete in
- Wellies *
- Hat
- Gloves
- Towel
- Swimming shorts/suit
- Wash kit (toothbrush etc)
- Plastic bags (to keep things dry)
- Torch
- Midge net
- Sun cream
- Roll mat *
- Sleeping bag *

**Some items in limited numbers can be borrowed from MYDG/MY Adventure if you do not have your own. Please use additional booking form to book equipment such as tents, sleeping bags and*



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roll mats

NOTE: There is no electricity, mobile phones have very limited coverage, there is no secure lock up and pay-outs for lost, damaged or stolen electrical items will not be made so probably best to not bring them.

NOTE: There are no showers – only toilets and sinks and the loch!



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What to expect...

The Youthwork Games 2018 is all about people having fun, being involved in physical activity, enjoying friendly competition and being outdoors.

Main competition rules are:

- Apart from Canoeing, Swamp football, Tug of War and the Assault Course all events require a minimum of 1 person from each team to participate and compete. This can be a different person each time or the same person in lots of events. *Canoeing requires 2 people.*
- *Swamp football, Tug of War and the Assault Course* require (ideally) the entire team (6) to participate
- More than 1 person may compete but only 1 time/distance/target will be counted per team (the event organisers reserve the right to limit the numbers competing for the purposes of the time allotted)
- **Your team is responsible for getting to the event start on time (times are approximate below) check the boards in the marquees**
- Competitors may be disqualified for questioning the judgement of Event Officials or Marshalls decisions in an abusive manner
- Event organisers reserve the right to adjust the activity or alter the rules fairly to suit weather conditions or other circumstances.
- Injured persons may be refused the right to compete; first aiders will be on site in case of emergency.
- Medals will be awarded at the closing ceremony for first (Gold), second (Silver) and third (Bronze) places for each event
- Best overall team will be judged using a points system. 3 points will be awarded for gold, 2 for silver and 1 for Bronze and the overall team to 'top the medal table' (i.e total number of points) will be awarded the youth work games champion trophy.
- A trophy for '*team contribution 2018*' will be awarded to the team who was judged by officials to have demonstrated over the 2 days their commitment to the Values of '*Respect, Excellence & Friendship*'.

Main site rules are:

- Do not intimidate or abuse other team members. Be friendly, respectful and inclusive and refrain from using sexist, racist or homophobic language or derogatory remarks
- Respect the sponsors land and equipment. Look after the marquees and tents and any equipment used
- Respect the volunteers (including the cooks! If you don't like the food be polite but constructive and we'll do our best)
- Be sensitive to the environment, do not harass the livestock and keep all gates closed
- Observe people's privacy when they are changing or in team tents.
- Stay away from the house and road and please inform your Team Leader if you are leaving the site
- If urinating in the woods please be discrete and 50 metres from the site or any water course.
- Use the portaloos for number twos!
- Wash hands and observe good hygiene rules as directed by kitchen staff

Travel directions:

Kindrochid Farm, is on the south bank of Loch Tay, just beyond the village of Ardtalnaig, **grid ref NN700390** and post code **PH15 2HX**

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From Edinburgh: Take M90 to Perth, take A9 North towards Inverness, Take A827 to Aberfeldy. Continue through Aberfeldy until just entering Kenmore, take left – centre of corner towards Crannog Centre (do not go left up hill), continue for 6 Miles until you reach village of Ardtalnaig where road turns sharp right up hill whilst crossing a stream, Kindrochid farm is 300 metres on your right – steep driveway next to large house

From Glasgow: Take M80 Stirling then A9 to Perth, take A9 North towards Inverness, Take A827 to Aberfeldy. Continue through Aberfeldy until just entering Kenmore, take left – centre of corner towards Crannog Centre (do not go left up hill) continue for 6 Miles until you reach village of Ardtalnaig where road turns sharp right up hill whilst crossing a stream, Kindrochid farm is 300 metres on your right – steep driveway next to large house.



Kenmore photo, Fork left but keep straight on, avoid left again turn



Satellite picture from above village, go past left turn (signposted as a footpath)